



**DR L. ANDREW ASHTON**

B.A., B.Med., FRACS (Orth) Orthopaedic Surgeon

## POST OPERATIVE INFORMATION

# Hand Surgery

### Normal Symptoms:

- Hand discomfort
- Mild swelling

### The following symptoms are **NOT** normal:

- Discolouration of the fingers
- Prolonged vomiting
- Excessive bleeding
- Redness around the incision
- Fever or chills
- Increasing swelling or numbness

If you experience any of the above symptoms you should seek medical advice. Please contact your nearest Emergency Department.

### Diet:

Normal healthy diet as tolerated.

### Activity:

Joint exercises as directed.

### Medications:

You may use oral analgesia (eg Panadol) if required.

### Driving:

No driving until follow-up appointment.

### Dressings / Wound care:

- Keep bandage on till follow-up appointment
- Use the sling to protect hand
- Keep bandage dry

### Hygiene:

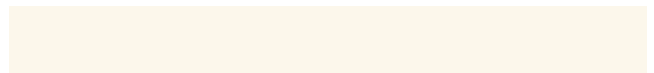
Keep the bandage dry.

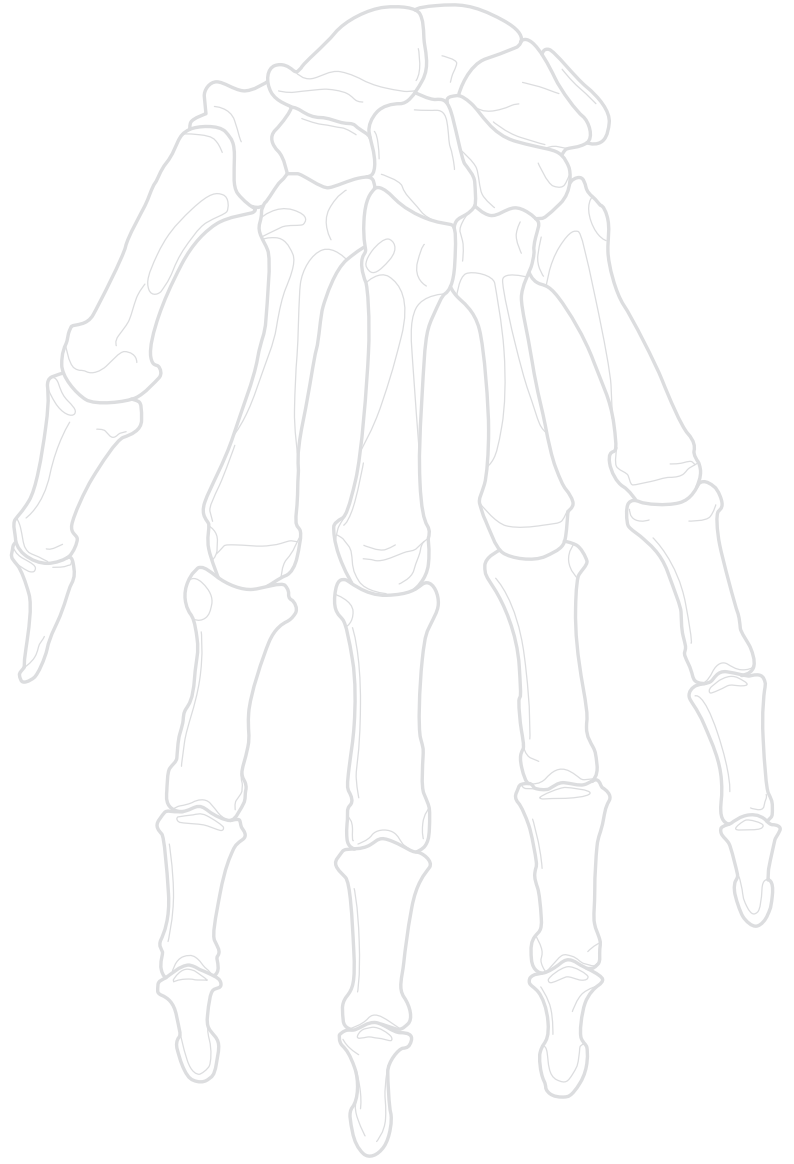
### Legal requirements following an anaesthetic or sedation:

For a 24 hour period you are **NOT** allowed to:

- Drive a car as directed by Doctor
- Operate machinery
- Drink alcohol
- Sign any legal or important documents.

### Follow-up Appointment





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